

~PART FIVE~

Summary

Calling on the Triple GGG to Heal a Broken or Wounded Heart

We all suffer heartbreak and brokenness, but some people have experienced life-altering trauma and suffer from devastating heart wounds. God wants to heal and restore you from the wounds you carry. Allow God to deliver you from unmet expectations, rejection, extreme offenses, the weight of guilt, and the isolating walls you have built, all of which create dysfunctional relationships. When our human relationships suffer, we suffer.

The pain compels us to self-protect and isolate to prevent further hurt. The pain from these wounds distorts the truth that God loves us and wants to have a close intimate relationship with us—*the very truth that can set us free*. The distortion and our self-protective response to isolate come from our need to survive, which is a natural response, albeit a self-centered one. However, when you become God-focused and God-centered, you create an opportunity for God to heal your broken heart.

The answer ultimately lies in finding the courage to surrender yourself, and your problems, to God. Surrender allows God to heal and transform your heart with His unconditional love, which breaks through the barriers of isolation.

Sin has wrecked mankind, and our sin wrecks us individually. The Bible tells us that sin *always* has a payday, and we will reap a harvest of death and suffering from our sin. The sin in our lives produces the troubles, lack, bondages, and distresses that plague us. The Scripture refers to these maladies as the “wages” of sin. Moreover, habitual sin allows Satan to have a foothold in our lives—we give him permission to oppress us.

Jesus said that He came to destroy the works of Satan. Jesus came to set us free from Satan’s oppression, as well as our own sin nature. And just as wonderful, Jesus came to redeem and to restore us from the ravages that sin brings to our lives. Deliverance describes how God, in Christ, wants to make us whole—spirit, soul, and body. Colossians 1:13-14 says it like this, “*For He has rescued us from the one who rules in the kingdom of darkness, and He has brought us into the Kingdom of His dear Son. God has purchased our freedom with His blood and has forgiven all our sins.*” (NLT)

Besides bringing God glory, why does God want to cleanse you and make you whole? The first reason is that He is a good Father, and His love for you knows no bounds. The second reason you are restored and made whole is so that you can be God with flesh to the people in your life. God wants to use your transformed life to demonstrate that He loves to the uttermost. God wants you to be a source of His unflinching love. If you surrender to His love, God will use you as His yielded vessel to bring His goodness and salvation to the world. The people you know will want what you have, and that is God’s goodness and peace you authentically display.

Your restored life brings vibrancy and genuineness to all of your relationships so that you can enjoy them and be happy. This happens because you are able to exhibit God's Zoe¹ Life to people who are hurting and lost. You have yielded yourself to be a conduit of God's love and grace, which means that you can be God's source of sustenance for the perishing, bringing hope to the hopeless. —Ω

Taking God's Word Back to Him

Heavenly Father, thank You for knowing my heart and loving me even in my brokenness. Thank You for sending Your Son, Jesus, to die for me and give His life so that I may be made whole. LORD, I receive Jesus' shed blood, given as the sacrifice and payment for the penalty of my sins. I receive the wholeness that Jesus died to give me. Jesus came to set the captives free—as one held in captivity, I declare that I am set free from the wages of my sin, in Jesus' name. Jesus came to heal the brokenhearted—as one with a devastated and broken heart, I receive His healing touch. According to Isaiah 61:7 I am restored in Jesus. Instead of shame and dishonor, I will enjoy a double share of honor. I will possess a double portion of prosperity in my land, and everlasting joy will be mine. Jesus, the Way, the Truth and the Life has set me free!

LORD, Your Word says that Your goodness draws me to repent, which is to change my mind and my ways. So, LORD, I surrender my life and my will to You, knowing that Your plans for me are good, life-giving and eternally profitable. I give You my sin, as well as my aspirations and, in turn, receive Your plans and purposes for my life. Your Words tells me that You resist the proud, so I give You my prideful bent and ask for Your help to walk uprightly in humility. I give you my troubles, lack, bondages, and distresses that plague me and, in their place, I receive Your abundant provision that is above what I could ever think or ask.

LORD, I desire that my life bring You glory, so help me walk in the healing and wholeness that You have for me. I want to righteously represent You as an ambassador of Your Kingdom, and as a conduit of Your mercy and grace. I desire that You use my transformed life to demonstrate that You love to the uttermost. I want to be a source of Your unfailing love. LORD, today, I surrender everything to You, so use me as Your yielded vessel to bring Your goodness and salvation to the world. I proclaim Your work of salvation in me in Jesus' precious name. Amen.

By David E McFadden
“Let's Make Disciples Together!”

¹ God's Spirit, abundant life now eternal with God for later. See Cameo on page 126.